

# Your personal adviser is

**They are there to support you. You can call them on .....**



## **When you leave care, you have the following rights:**

The right to an assessment of your needs before you leave care.

**The right to a Pathway Plan** - which says what help you should be getting before, during and after you leave care.

**The right to a Personal Adviser** - who will support you until you are 21 or 25 if accessing higher education or training

**A place to live** - the local authority no longer pays for your accommodation but will help identify somewhere suitable to live and support to maintain this

**Financial support** – you will be supported to claim benefits if you are not working. You will be entitled to a leaving care grant, support towards education costs and a higher education bursary



**Maintaining relationships** – with professionals and others that are important to you, if this is possible

**Involvement in decisions** - including when you leave care, where you go to live and what support you receive.

To have your say if you are not happy about something

**To see your files** - The law says that you have a right to see information that is written about you.

**To know about services you can use** - including health, participation, support



# What will my personal adviser (PA) do?

## Your personal adviser will:

- Attend your last review meeting before you leave care.
- Support you to find you somewhere suitable to live, setting up an income and to manage your money
- Visit you at your new home within 7 days of you moving to a new place.
- Visit you at home at least every two months
- Organise a pathway plan review meeting every 6 months.
- Work with you and others to make sure the plans in your pathway plan happen.
- Help you to look after your health. This will include helping you to register with a Doctor and Dentist in the area that you live in and encourage you to have regular health assessments and dental checks.
- Make sure you receive advice and guidance about education, training and employment.
- Help you to learn the skills and knowledge that you need to live independently, making sure that you are paying your rent and bills and keeping your home clean.
- Help you to stay in touch with your family.

